



THE SAFE RETURN OF FOOTBALL IN CONMEBOL



MEDICAL
COMMISSION &
ANTI-DOPING
UNIT
EDITION 2020





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President
CONMEBOL



Dear South American football family,

We are getting ready to start a new season, we closed a difficult year, but passion is more than intact.

The COVID-19 pandemic presented us with unprecedented technical and logistical challenges. Organizing a tournament with round-trip matches in 10 countries in a context of the spread of the disease, with closed borders and economic crisis was a task that required enormous efforts, great creativity and, especially, strong willpower.

This willpower is based on two convictions:

- 1.** The return of football would only take place by taking care of everyone's health, with strict protocols and preventive measures.
- 2.** Football would offer millions of South Americans a balm in difficult and painful times. *difficéis e dolorosos.*

Today I am certain that we were not wrong. The health protocols developed in close collaboration with the health authorities of the 10 countries had good results. Almost 98% of the 38,000 virus detection tests were negative, in 174 matches played between September and January, corresponding to CONMEBOL Sudamericana, CONMEBOL Libertadores and the Qualifiers for the Qatar 2022 World Cup.

During the pandemic, CONMEBOL made more than USD 95,000,000 available to Member Associations and clubs in advance of prizes for participation and assistance for laboratory tests (for detection of COVID-19) and air logistics.

CONMEBOL was the only confederation in the world that resumed its competitions without altering their formats, with round-trip matches, and Single Finals. With this, we guarantee sporting equity for participating clubs and returned to millions of fans in South America and the world, the passion and emotions that only football can generate.

The pandemic had a harsh economic effect. Entire sectors of the economy were devastated or plunged into a serious crisis. Football, of course, was no exception. However, thanks to efficient management, CONMEBOL was able to make more than USD 95 million available to Member Associations and clubs as an advance for participation prizes, aid for laboratory tests and for air logistics. In addition, the prizes of the competitions did not undergo any modification. The CONMEBOL Libertadores champion won **USD 15,000,000** (the highest figure in the history of the tournament). Along with that accumulated in the previous stages, they collected **USD 22,550,000**. By obtaining victory in the final match, **USD 3,000,000** were also secured, for the direct qualification to the group stage of CONMEBOL Libertadores 2021.

Now they have the chance to earn another USD 1,250,000 if they obtain victory in the Recopa, or USD 750,000 if they finish second. In addition, they are qualified to compete in the FIFA Club World Cup, which awards prizes ranging from USD 2,000,000 for the fourth place to USD 5,000,000 for the champion.

On this point, it is good to emphasize that since 2016, CONMEBOL increased the global amount of the prizes of its competitions by more than 300%. By 2021, investment in CONMEBOL Sudamericana will increase by 25%, in response to the increase in the number of matches. As part of the strategic axis of reinvestment in football, CONMEBOL will distribute the historic figure of USD 227,000,000 in 2021.

2021 has two clear differences with 2020. First of all, we know a lot more about the virus that causes COVID 19. We know how to deal with it and prevent it. Second, science is taking rapid strides in the search for treatments for the disease. However, although there are reasons for optimism, 2021 will continue to be a year of great caution and rigorous application of the protocols. We will not lower our guard. Our priority is and will be the health of the South American football family.

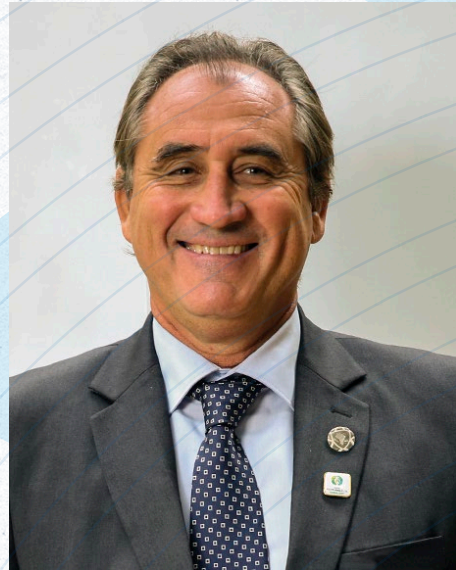
Finally, I would like to thank and congratulate the great South American football family for having successfully carried out international competitions. To players, coaches, assistants, journalists, club employees, managers, referees and millions of fans who in one way or another stood shoulder to shoulder or gave their support for the safe return of football.

The support and trust of the sponsoring companies and rights holders was crucial to get through a uniquely difficult time.

In 2021, let's continue enjoying the best football in the world, let's continue Believing Big!

Alejandro Domínguez W-S.
President of CONMEBOL

President Medical Commission and Anti-Doping Unit



Dear colleagues,

After one more year of competitions, tournaments and lots of learning, an analysis of the work we have had as a Medical Commission in a singularly difficult time is essential. Our work, which is often silent and behind the scenes, was brought to the center of the spotlight and public attention by the effect of a completely unexpected situation: a pandemic caused by a new virus.

Never before in football history has such a challenging situation been experienced. The crisis was of such magnitude that the tournaments all over the planet were paralyzed. Not even the wars caused a global suspension of football. Never have the medical teams of clubs,

Member Associations and Confederations been in such high demand. There were no precedents for what we have been experiencing since March last year and it was necessary to redouble efforts, bet on science, call for the strictest discipline and creatively design unprecedented health protocols in the world of football. Today, after long months, with great satisfaction I can tell you, dear colleagues, that we were up to the task. Everyone, from CONMEBOL to the clubs, passing through the Member associations. ***The role of the medical teams was fundamental for the safe return of football, a goal that CONMEBOL set for itself from the first minute after the tournament was suspended.***

I want to share with you the highlights of our achievements:

- 98% of the tests for the virus that causes COVID-19 were negative. There were about 38,000 tests performed on players, referees, technicians and operational personnel from the 10 countries in 174 matches, corresponding to the CONMEBOL Libertadores, CONMEBOL Sudamericana and the Qualifiers for the Qatar 2022 World Cup.
- These numbers speak of the effectiveness of the sanitary protocols of all South American football. They are proof of the professional and responsible work of the medical teams and of the discipline and commitment of the squads and other actors involved in the matches.
- The effectiveness of the protocols made it possible for CONMEBOL to be the only confederation in the world that did not modify the format of its competitions, with round-trip matches, guaranteeing the principle of sports justice.
- The schedules and deadlines of the competitions were not substantially altered. South America has already started the road to Qatar 2022, in good time and form. For this, it counted on the presence

of players who are active in foreign leagues, who joined their respective national teams without major inconveniences. This reveals the confidence that prevention measures inspire in South America.

- Parallel to compliance with the protocols for COVID-19, the Medical Commission continued with all the work that corresponds to it. Thus, for example, in-competition and out-of-competition anti-doping tests continued without any change, strictly adhering to current international regulations in this regard.

Finally, I want to thank you with all my heart for the great effort made, the Medical Officers and all the departments that supported us with a great joint endeavor; congratulate them on their achievements in conditions of enormous adversity and urge them to continue on this path, that of firm commitment to the best football in the world, South American.

Thank you very much, kind regards.

**Dr. Osvaldo Pangrazio
President of the Medical Commission and
Anti-Doping Unit**

PART ONE MEDICAL COMMISSION





a | OPERATIONAL RESPONSE TO COVID-19

Letter from the Football Deputy Secretary - Gonzalo Beloso

Deputy Secretary General - Football

The answer will always be teamwork.

2020 was the most challenging year in football history. Local and international tournaments were suspended around the world, in all categories and modalities. The teams not only stopped competing but also training due to the COVID-19 pandemic. This is a fact that had never happened, not even because of world wars. This time the stoppage was global.

South Americans are football **men and women**. This sport is our great passion. At CONMEBOL we were certain that football would be a fundamental help to lift morale, strengthen spirits, and heal wounds. Without the joy and excitement of football, depression and discouragement would be much more difficult to overcome. That is why we worked from the first minute for the return of the competitions. And we achieved it.

This was made possible by something that a footballer learns from the beginning: no player, no matter how talented, is more than the team. And it was teamwork that gave football back to millions of fans in South America. The players, technicians and referees, who contributed with professionalism and responsibility; the clubs

that were fully committed to this mission; Member Associations that gave their best effort and all their support; the medical teams, who provided their knowledge and dedication. And, of course, the authorities of each country who understood the enormous economic, social and cultural importance that football has in the societies of our continent.

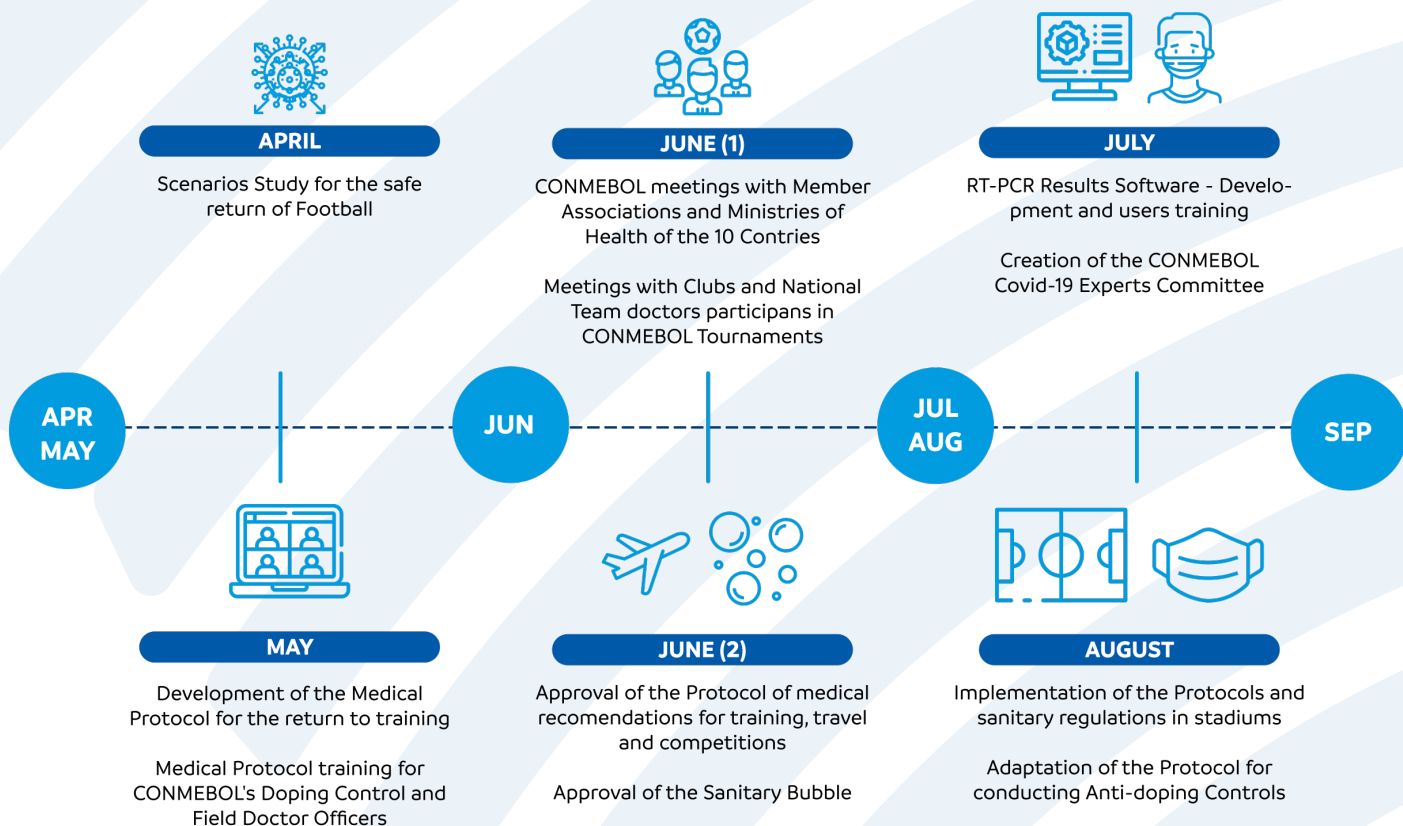
Although the light is visible at the end of the tunnel, we must not lower our guard. Sanitary protocols will continue in 2021 because our priority is and will be everyone's health. We want to see full stadiums, we want to hear the chants of the fans, we want all the heat and the color of our football, but we will not win this match with haste or recklessness. ***We will win this game by staying united, with a cool head, with intelligence. As the grand finals are won.***

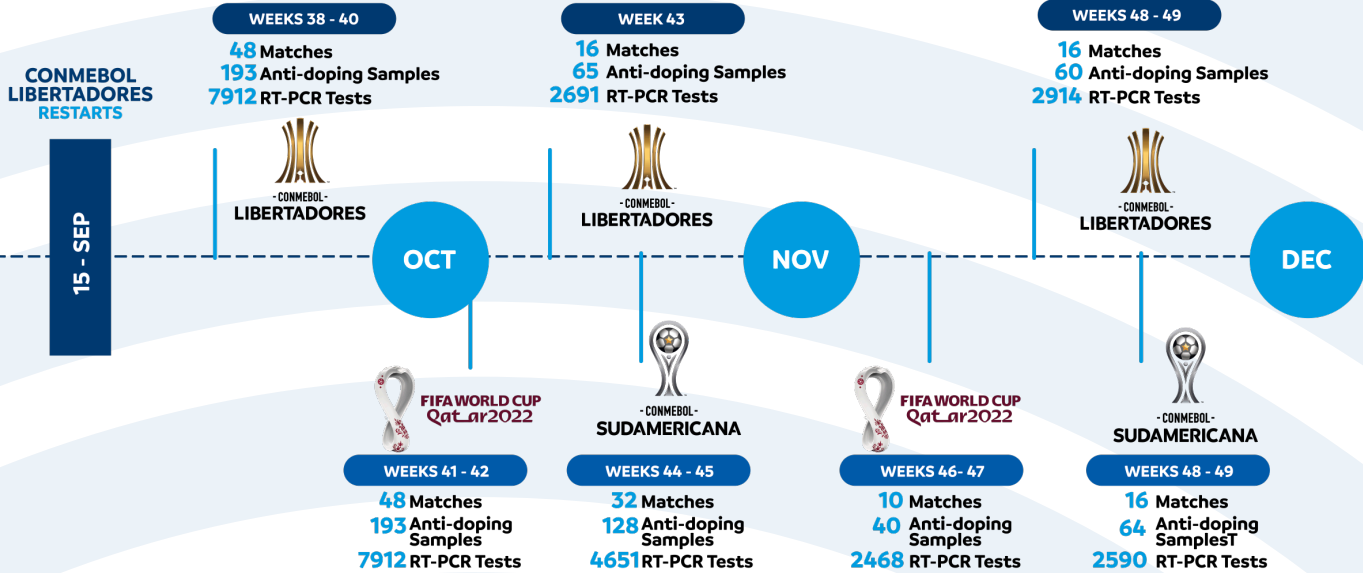
Thank you all very much. Best regards.

Gonzalo Beloso
Deputy Secretary General - Football

Timeline

The CONMEBOL Medical Commission developed the following operational actions in 2020 for the return of football in CONMEBOL competitions:





b | PROTOCOL OF MEDICAL RECOMMENDATIONS FOR TRAINING, TRAVEL AND COMPETITION DURING THE COVID-19 PANDEMIC



The CONMEBOL Council, meeting by teleconference on June 19, 2020, unanimously approved the Protocol of Medical Recommendations for Training, Travel and Competitions, developed by the CONMEBOL Medical Commission and in conjunction with the Member Associations; with the aim of guaranteeing that the return of continental football is carried out with the maximum assurances and preventive measures for all those who are part of the sporting event.

This protocol compiles the recommended prevention procedures and measures in the reactivation of South American football, pre-competition and competition recommendations.

These recommendations are based on the following points:

- Hygiene measures and necessary caution
- Recommendations for action during training
- Isolation recommendations for players or coaches
- COVID-19 testing
- Operations Protocol for the resumption of CONMEBOL Competitions
- Measures of international organizations, such as WHO / PAHO

This is made available to all Member Associations and available to download through the CONMEBOL website (www.conmebol.com)



c | MEDICAL MEETINGS WITH CLUBS AND NATIONAL TEAMS FOR THE SAFE RETURN OF FOOTBALL

In July 2020, medical update courses were developed with a main focus on the Prevention Recommendations against COVID-19 in CONMEBOL competitions.

Physicians from the classified clubs of CONMEBOL Sudamericana 2020, CONMEBOL Libertadores 2020, physicians from the national teams classified for the Qualifiers of

the FIFA World Cup QATAR 2022 and members of the CONMEBOL Medical Commission and Anti-Doping Unit participated in these virtual meetings headed by Dr. Osvaldo Pangrazio.

CONMEBOL's chief medical officer explained each point of the Protocol, with topics on access controls to the stadium, designation of the 'Health Manager', carrying out RT-PCR tests on the delegation and the process of communicating results, among others.

The Medical Commission protocol has indicators that seek to help the teams with standards for the forecasting of COVID-19, but they will always be subject to the laws and health recommendations of each country.

Virtual training sessions were also carried out for uploading COVID-19 test results on the medical platform used by CONMEBOL.

d | RT-PCR Results Software

The CONMEBOL Medical Commission has developed a results upload platform, where all those who participate in CONMEBOL competitions are cleared after presenting Negative RT-PCR results.

The development of this medical platform is the response to the assurances established in the sanitary bubble and also agreed upon by the Ministries of Health of the 10 governments to which our Member Associations belong.

It records the results of the RT-PCR tests of all the participating teams of CONMEBOL Libertadores and CONMEBOL Sudamericana 2020, as well as the South American Qualifiers for the Qatar FIFA 2022 World Cup with the commitment of the Managers and Medical Staff to safeguard the information.

Management process for each match – Individual Clearance

1. PROFILE CREATION

For each match, each club can incorporate up to 90 people who have access to Zone 1 - Field of Play, each of which must have a Negative RT-PCR to access.

2. PROFILE CLEARANCE

The people created must be assigned according to their functions for each match. This list also includes the match officials (referees, delegates and doctors).

3. UPLOADING RESULTS

The results of all the profiles cleared within the match are attached.

4. REPORT BY MATCH

Finally, the Medical Commission sends a report of the people who are authorized to access the stadium.

e | COMMISSION OF MEDICAL EXPERTS CONMEBOL COVID-19

The year 2020 was characterized by complex and delicate moments in the wake of the pandemic, moments where nothing could be left to chance. That is why the CONMEBOL Medical Commission, seeking to guarantee actions that answer to current needs and that allow the continental tournament mechanism to resume, has formed a medical commission with medical specialists from South America and Spain.

The COVID-19 Medical Commission was formed in August 2020 with the following professionals:

Dr. Osvaldo Pangrazio

President of the CONMEBOL
Medical Commission

Paraguay

Dr. Jorge Pagura

Brasil

Dr. Fernando Yañez

Chile

Dr. José Veloso

Uruguay

Dr. Boris Zambrano

Ecuador

Dr. Francisco Forriol

Spain

Dr. Lisandro Olmos

Argentina

Among the main functions carried out by this commission we can mention:

- Assessment of positive cases of COVID-19 that appear before a competition.
- Decision-making regarding the participation protocols of a player with a history of COVID-19.
- Updating of the Medical Protocols established for the competitions organized by CONMEBOL (bibliographic review).
- Guarantee compliance with the Medical Protocols by the teams that participate in CONMEBOL sporting events.
- Monitoring of players with COVID-19 and subsequent integration to training.



f | NUMBER OF PCR CONTROLLED, NEGATIVE AND POSITIVE

La Comisión Médica de la CONMEBOL desarrolló las siguientes acciones operativas en el 2020 para el retorno del fútbol en las competiciones de la CONMEBOL:

CONMEBOL Libertadores 2020

92 **Matches**
Disputed between September 2020 to January 2021.

68 **players and officials (+)**

16.681 **Tests RT-PCR**

verified between local delegations and visitors, operational staff and CONMEBOL employees.

were authorized by the medical committee; having checked the documentation submitted by the team doctor (history of RT-PCR tests; Clinical, Laboratory, Radiological and Sworn Statement by the Team Doctor). Which corresponds to **0.50%** of verified PCR.

CONMEBOL Sudamericana 2020

60 **Matches**
Disputed since October 2020 to January 2021.

17 **players and officials (+)**

10.328 **Tests RT-PCR**

verified between local delegations and visitors, operational staff and CONMEBOL employees.

were authorized by the medical committee; having checked the documentation submitted by the team doctor (history of RT-PCR tests; Clinical, Laboratory, Radiological and Sworn Statement by the Team Doctor). This corresponds to **0.23%** of the total verified PCR.

Eliminatorias CONMEBOL al Mundial de la FIFA Catar 2022

20 **Matches**
Contested throughout
the first 4 dates of
South American qualifiers.

14 **players and
officials (+)**

4.523 **Tests RT-PCR**
verified between local delegations and visitors,
operational staff and CONMEBOL employees.

were authorized by the medical committee; having checked the documentation submitted by the team doctor (history of RT-PCR tests; Clinical, Laboratory, Radiological and Sworn Statement by the Team Doctor). This corresponds to **0.32%** of the verified PCR.



PART TWO ANTI-DOPING UNIT



a | ANTI-DOPING CONTROL PLAN 2020

NUMBER OF TOURNAMENTS PLANNED

CONMEBOL planned to hold 19 Tournaments for the year 2020:

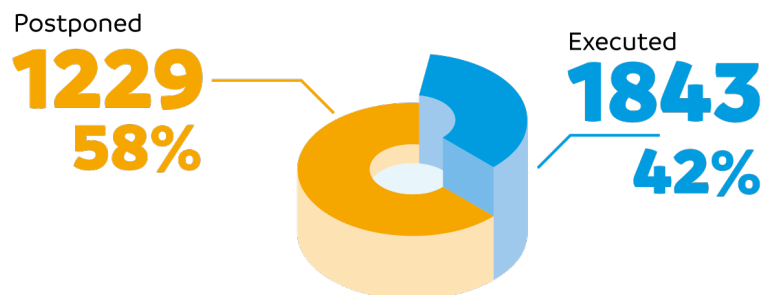
	EVENTO	SEXO DEPORTISTA	DEPORTE	DISCIPLINA
1	Copa América	Men's	FOOTBALL	Field
2	South American Qualifiers - FIFA World Cup Qatar 2022	Men's	FOOTBALL	Field
3	PRE-OLYMPIC South American Under-23	Men's	FOOTBALL	Field
4	South American Under-20	Women's	FOOTBALL	Field
5	South American Under-20 Championship	Women's	FOOTBALL	Field
6	Copa Libertadores	Women's	FOOTBALL	Field
7	Copa Libertadores - Under-20	Men's	FOOTBALL	Field
8	Copa Libertadores	Men's	FOOTBALL	Field
9	Copa Sudamericana	Men's	FOOTBALL	Field
10	Recopa	Men's	FOOTBALL	Field
11	Copa América	Men's	FOOTBALL	Futsal
12	South American Under-20	Men's	FOOTBALL	Futsal
13	South American Under-20	Women's	FOOTBALL	Futsal
14	South American Under-20 Championship	Men's	FOOTBALL	Futsal
15	Copa Libertadores	Women's	FOOTBALL	Futsal
16	South American Qualifiers for FIFA FUTSAL World Cup (-2020)	Men's	FOOTBALL	Futsal
17	Copa Libertadores	Men's	FOOTBALL	Futsal
18	Copa Libertadores	Men's	FOOTBALL	Beach
19	Copa América	Men's	FOOTBALL	Beach

Of which only 42% were held (8 tournaments)

	EVENTO	SEXO ESPORTISTA	ESPORTE	DISCIPLINA
1	South American Qualifiers - FIFA World Cup Qatar 2022	Men's	FOOTBALL	Field
2	PRE-OLYMPIC South American Under-23	Men's	FOOTBALL	Field
3	South American Under-20	Women's	FOOTBALL	Field
4	Copa Libertadores Sub 20	Men's	FOOTBALL	Field
5	Copa Libertadores	Men's	FOOTBALL	Field
6	Copa Sul-Americana	Men's	FOOTBALL	Field
7	Recopa	Men's	FOOTBALL	Field
8	South American Qualifiers for FIFA FUTSAL World Cup (-2020)	Men's	FOOTBALL	Futsal

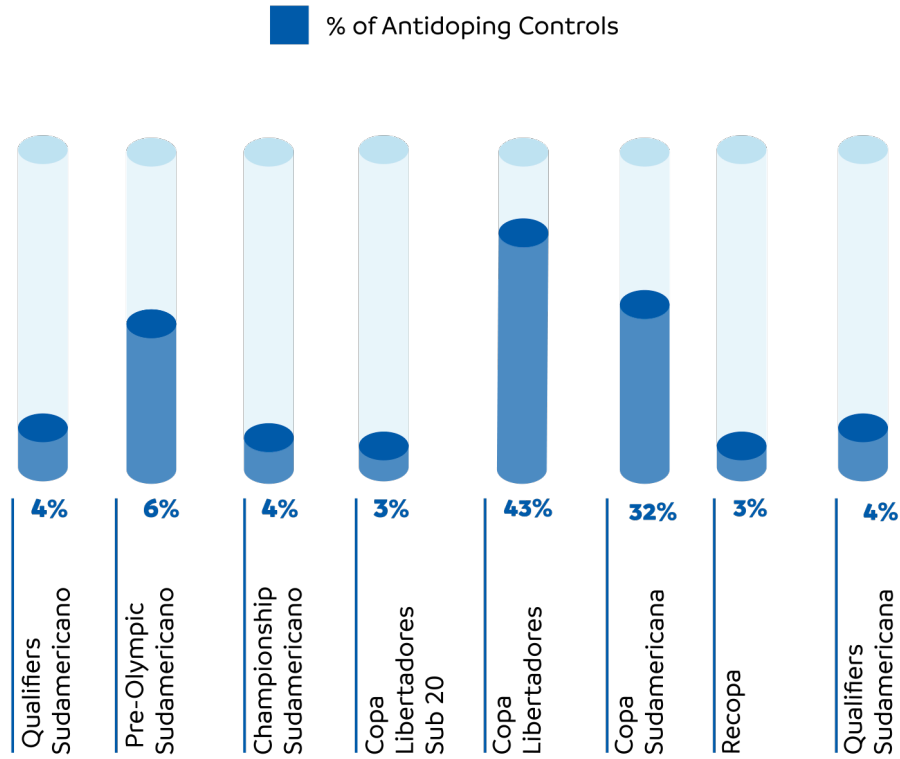
PERCENTAGE OF CONTROLS PLANNED VS CONTROLS CARRIED OUT

PLANNED ANTIDOPING CONTROLS **3072**

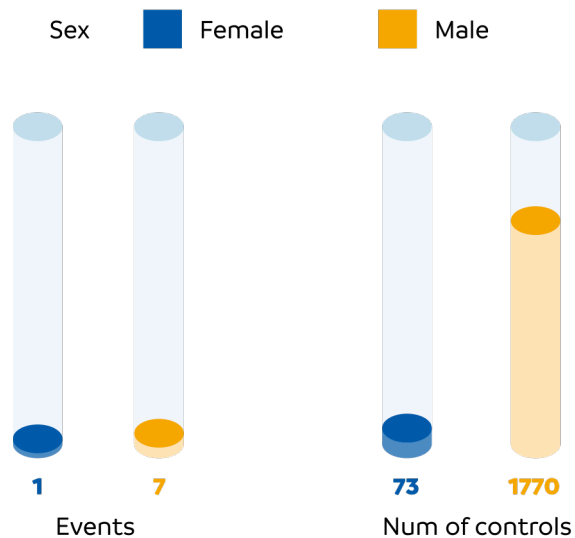


PERCENTAGE DISTRIBUTION OF CONTROLS BY TOURNAMENTS

TOURNAMENTS 2020

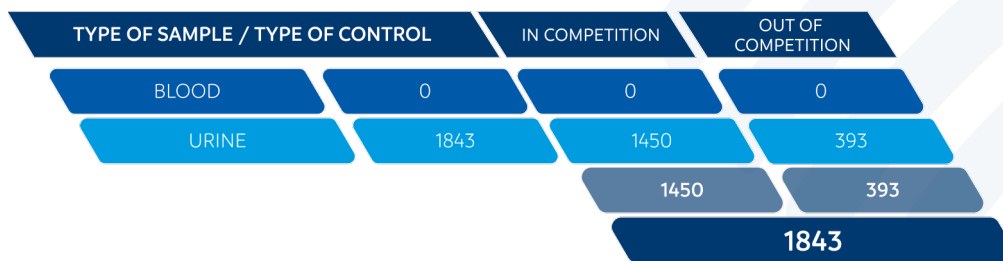


NUMBER OF ANTI-DOPING CONTROLS ORGANIZED BY PLAYER SEX

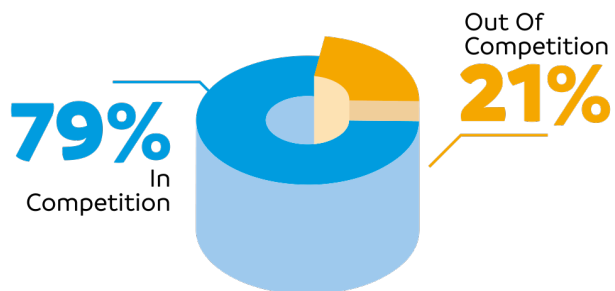


2020 ANTI-DOPING CONTROL SAMPLE TYPE

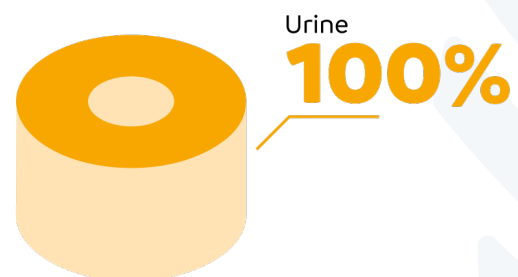
CONMEBOL CONTROL PLAN 2020		TYPE OF SAMPLE	URINE								BLOOD			
Sport	Discipline	%	100	0,168204015	79	21	0	13	12	0	0	0	0	4
		Tot Cont.	Tot Uri	Low dens	EC	FC	FC-GRC	ESAs-EPO	GHRF	IRMS	ESAs	GH	Passport	Tot. Blood
FOOTBALL	Field	1767	1767	3	1374	393	0	230	228	0	0	0	0	0
	Futsal	76	76	0	76	0	0	4	0	0	0	0	0	0
	Beach	0	0	0	0	0	0	0	0	0	0	0	0	0
SUB TOTALS		1843	1843	0	1488	393	0	234	228	0	0	0	0	0



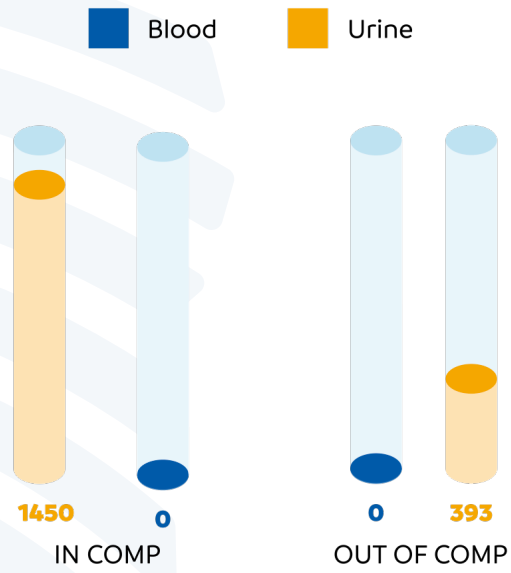
TYPE OF CONTROL



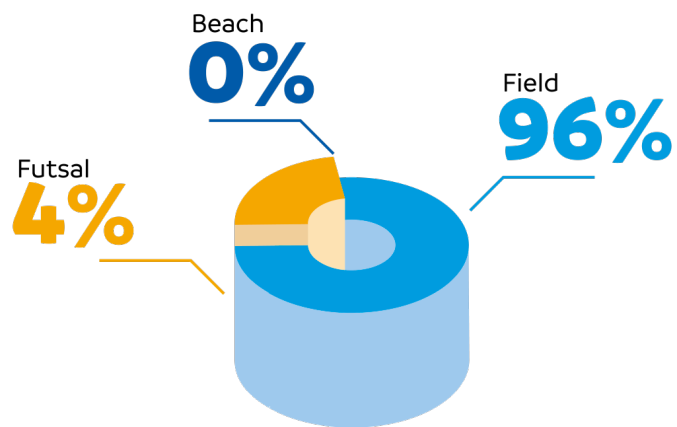
SAMPLE TYPE



SAMPLE TYPE BY TYPE OF CONTROL



TOTAL CONTROLS BY DISCIPLINE



b | TUE REQUESTS

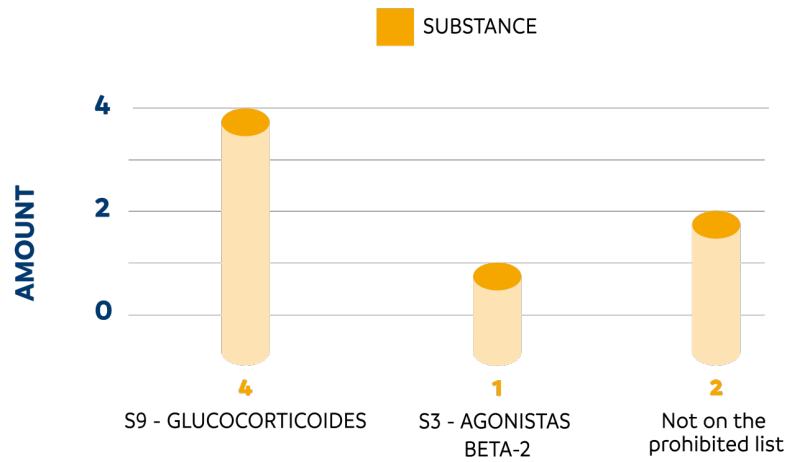
(Authorizations for Therapeutic Use)

TOTAL TUE 2020 APPLICATIONS PROCESSED

SUBSTANCE	AMOUNT
S9 - GLUCOCORTICOIDES	4
S3 - AGONISTAS BETA-2	1
Not on the prohibited list	2
TOTAL APPLICATIONS 2020	7



CLASS OF SUBSTANCES - AUT 2020



AUT CASES RESOLUTION 2020



TUE SUB COMMISSION - MEMBERS:

Dr. José Veloso

Uruguay

Dr. Hugo Martínez

Paraguay

Dr. Jorge Sarango

Peru

Dr. Alejandro Soler

Colombia

c | EDUCATION

ANTI-DOPING EDUCATION PLAN 2020

TRAINING

Topic:

Procedures for the use of LOCKCON brand urine sample collection materials, to be used and implemented in Anti-Doping Controls in South American Soccer starting 2021 by CONMEBOL.

LOCKCON is a new company from Switzerland that produces highly safe and reliable anti-doping materials in the world anti-doping market.

Purpose:

- Learn about the benefits of using Lockon brand anti-doping materials for urine sample collection
- Facilitate the implementation of the use of LOCKCON brand materials by 2021

Content:

- Urine sample collection kits
- Partial sample
- Collecting vessel
- Security / guarantees
- Advantages in its use
- Questions & answers

Date:

July 10, 2020

Workload:

The training was developed with a total duration of 90 minutes.

Panelists:

- Monika Egli – LOCKCON
- Tanja Lüdke – LOCKCON

Number of Participants:

44 - Aimed at CONMEBOL Anti-Doping Control Officials.

Observations/Remarks:

- It was carried out virtually (ZOOM), and all the support resources generated were arranged in the CONMEBOL Training Educational Platform
- A survey was applied to assess the training by the participants, as well as the implementation of the LOCKCON Brand anti-doping materials.

Call flyer

Comisión Médica & Unidad Antidopaje

CAPACITACIÓN- ENTRENAMIENTO

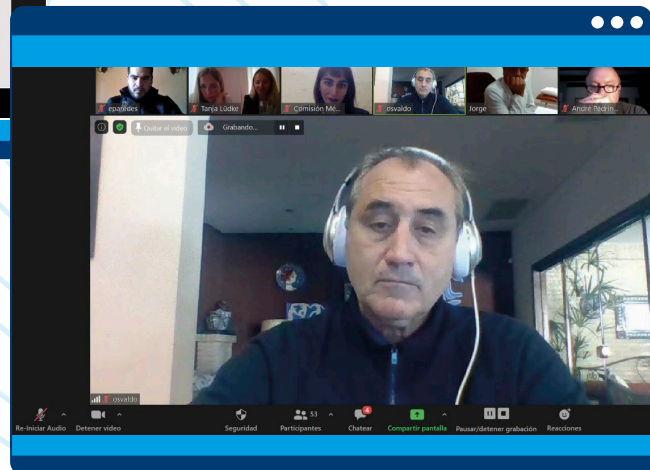
Te invitamos a participar de la capacitación online:

Tema:	Procedimientos para el uso de los materiales de recolección de muestras de orina marca LOCKCON
Días:	VIERNES 10 DE JULIO
Horario:	10:00 AM (horario local de Paraguay)
Contenido a ser desarrollado:	<ul style="list-style-type: none">• Kits de recolección muestras orina• Muestra parcial• Vaso recolector• Seguridad / garantías• Ventajas en su uso• Preguntas & respuestas
Disertantes:	<ul style="list-style-type: none">• Monika Egli - LOCKCON• Tanja Lüdke - LOCKCON

Se entregará certificados a los que cuenten con el 100% de asistencia.
La capacitación se desarrollará en la aplicación Zoom y la plataforma Capacitaciones CONMEBOL.

[Inscríbete haciendo clic aquí](#)

Fotos de la actividad



TRAINING

Topic:

Optimization of the use of Anti-Doping Control Software - MODOC from PWC

Purpose:

- Learn the functionalities of the Anti-Doping Control software.
- Develop ability to use and load the Anti-Doping Control process with the Anti-Doping Control software (FCD, CDC). Mobile application module

Content:

- Account Activation, App Installation, and OCD Login
- Registration and password
- Account Options
- Main functions
- Contexts (Online / Offline)
- Execution of an anti-doping control
- Creation of the Chain of Custody
- CDF and CDC practice

Date:

May 22, 25 and 26, 2020

Workload:

The training was developed in one week with a total duration of 180 minutes equivalent to three hours, distributed in three 60-minute classes.

Panelists:

- Elías Paredes - Analyst of the Medical Commission and Anti-Doping Unit - CONMEBOL
- Gabriela Gossen - Head of the CONMEBOL Anti-Doping Unit

Number of Participants:

44 - Aimed at CONMEBOL Anti-Doping Control Officials

Observations/
Remarks:

- It was carried out virtually (ZOOM), and all the support resources generated were arranged in the CONMEBOL Training Educational Platform
- A theoretical evaluation of 10 questions was carried out and one must have 60% answers, as well as 100% assistance for correct ones for the issuance of the certificate
- A training assessment survey was applied with the participants

Call flyer

CAPACITACIÓN
COMISIÓN MÉDICA & UNIDAD ANTIDOPAJE

Tema: **Optimización del uso del Software de Controles Antidopaje - MODOC**

Viernes 22
Lunes 25
Martes 26
de MAYO

11:00 hs

50 minutos

Click Aquí para inscribirse

Exclusivo para Agentes Antidopaje acreditados por la CONMEBOL

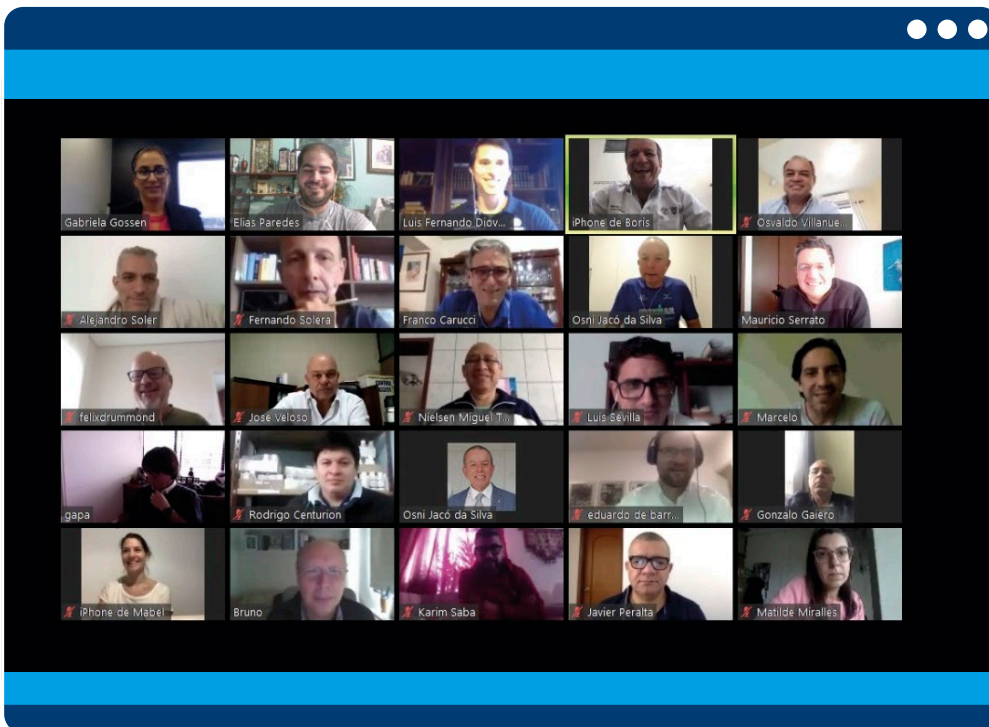
desde la Unidad Antidopaje enviaremos los temas y el enlace para el acceso por día

Vía zoom

Horarios

- 10 hs
- 11 hs
- 12 hs

Fotos de la actividad



Link to the publication on the CONMEBOL website

<https://www.conmebol.com/es/inicio-capacitacion-online-de-optimizacion-de-uso-de-software-de-controles-antidopaje>

TRAINING

Topic:

Using the ADAMS system. Anti-Doping Administration and Management System (ADAMS), developed by WADA.

Purpose:

- Provide a training and updating space to strengthen the fight against doping in the region.
- Know the functionalities of the ADAMS tool, a platform created and developed by WADA.
- Develop ability to create and upload information in ADAMS Anti-Doping Missions (CDF, CDC).

Content:

MODULE 1	What is ADAMS, how is it used? Who Uses It? tUser - How to enter - Security
	Viewing confidential information - Use of information. Functionality (messages, reports, RC group management, control planning, exporting biological results, chains of custody, management of mission orders, importing athletes)
	Uploading information from control forms (FCD) Searches: teams, athletes, results, AUT
MODULE 2	Creating missions - according to a control plan
	Creating Athlete Profiles
	Mission loading. Chain of Custody
	Upload pdf, attach forms to ADAMS
	Questions
MODULE 3	Results of Anti-Doping Controls - Laboratories
	Reports (missions, controls, chains of custody, RAA, SCR, LRR, Vlook up, AUT)
	TUE request uploading
	Questions
MODULE 4	Management of the Registered Control Group ("RTP") and Whereabouts ("testing pools")
	Management of the "Athlete Passport Management Unit" (APMU)
	How to share access?
	Processing of adverse analytical results (AAR) and outliers (ATF / IRMS)
	Uploading of Anti-Doping Rule Violations (ADRVs)
	Management of "new monitoring tools" from ADAMS
	Questions

Dates:

Modules for CONMEBOL Anti-Doping Officials:

May 22, 25 and 26, 2020.

Modules for ONADs in Latin America:

June 24 and 26, July 1 and 3, 2020.

Workload:

The training was developed in 4 modules with a total duration of 240 minutes, equivalent to 4 hours.

Panelists:

- Dr. Víctor Carpio - Manager of the National Anti-Doping Organization of Peru and President of the RADO-SAM
- Dr. José Veloso - Doping Control Medical Director Uruguay National Anti-Doping Organization - FIFA Medical Officer - CONMEBOL
- Prof. Andres González - Head of Doping Control Unit - National Commission of Doping Control of Chile
- Dr. Rodrigo Centurión - CONMEBOL Medical Officer - Anti-Doping Control Officer National Anti-Doping Organization - Paraguay
- Dr. Juan Lauria - Manager of the Latin American Office of WADA
- Elías Paredes - Assistant to the Medical Commission and Anti-Doping Unit - CONMEBOL
- Gabriela Gossen - Head of the CONMEBOL Anti-Doping Unit

Number of participants:

- The 4 modules developed with WADA (Latin America Regional Office) had the participation of 129 people such as Managers and OCDs of the NADOs of ARGENTINA, BOLIVIA, BRAZIL, CHILE, COLOMBIA, COSTA RICA, CUBA, DOMINICAN, ECUADOR, GUATEMALA, HONDURAS, MEXICO, NICARAGUA, PANAMA, PARAGUAY, PERU, SALVADOR and VENEZUELA.
- The 4 modules aimed at CONMEBOL Anti-Doping Control Officials had the participation of 35 people.

Observations/Remarks:

- It was carried out virtually (ZOOM), and all the support resources generated were arranged in the CONMEBOL Training Educational Platform
- A theoretical evaluation of 10 questions was carried out and one must have 60% correct answers, as well as 100% assistance for the issuance of the certificate
- A training assessment survey was applied with the participants

Call flyer



CAPACITACIÓN

COMISIÓN MÉDICA & UNIDAD ANTIDOPAJE

Uso del Sistema de Gestión y Administración Antidopaje (ADAMS)



Miércoles
24/06



10:00 hs.
11:00 hs.
12:00 hs.



60 min.



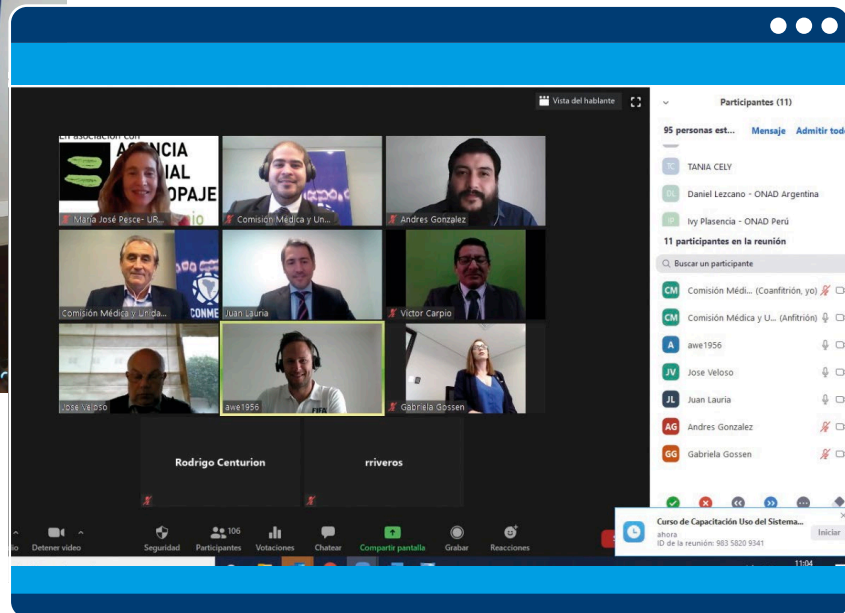
Dirigido a
OCDs de ONADs



vía zoom



Fotos de la actividad



Link to the publication on the CONMEBOL website

<https://www.conmebol.com/es/inicia-capacitacion-online-sobre-uso-del-sistema-adams>

<https://www.conmebol.com/es/capacitacion-online-sobre-sistema-adams-para-agentes-medicos>

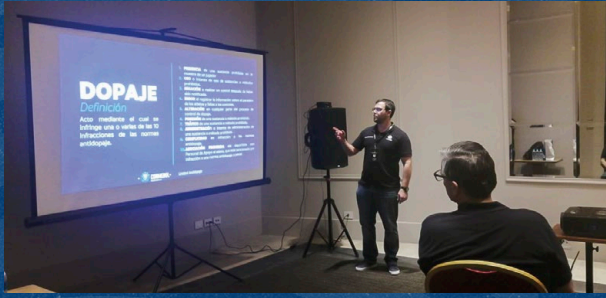
EDUCATIONAL CHAT

Topic:	Anti-Doping Control Process.
Purpose:	<ul style="list-style-type: none"> • Provide basic information to players and support personnel regarding the importance of the risks that doping implies to their health, raising awareness to join and fight against doping, where competition is on equal terms, promoting values and principles of fair play.
Content:	<ul style="list-style-type: none"> • List of Prohibited Substances and Methods; • Risks posed by Nutritional Supplements; • Anti-Doping Rule Violations; • Consequences of Doping: Sanctions, Health and Social Damages; • Doping Control Procedures; • Rights and Responsibilities of the Players and their Support Personnel; • Authorizations for Therapeutic Use; • The Disgrace of Doping for the Sports Spirit. • Applicable requirements regarding the location / whereabouts of the players.
Workload:	45 minutes.

CAMPEONATO	LUGAR	FECHA	DISERTANTE	PARTICIPANTES		ENLACE WEB CONMEBOL
Futsal Qualifiers - Brazil 2020 MEN'S	Carlos Barbosa, RS-Brasil	February 1st to 9th	Dr. Félix Drummond Dr. Fernando Solera	170	10 delegations from Argentina, Colombia, Chile, Ecuador, Bolivia, Brazil, Peru, Paraguay, Venezuela and Uruguay	http://www.conmebol.com/es/charlas-educativas-antidopaje-para-jovenes-de-la-libertadores-de-la-sub-20
Libertadores Sub 20 - Paraguay 2020 - MEN'S	Asunción Paraguai	February 13 - 15, 2014	Dr. Eduardo De Barros Dr. Javier Peralta Dr. Franco Carucci	312		http://www.conmebol.com/es/exitosas-jornadas-educativas-sobre-controles-de-dopaje
Women's South American Under-20 Championship Argentina 2020	San Juan y San Luis -Argentina	March 1st to 4th	San Juan: Doctores Rocio Nucho y Donato Villani San Luis: Doctoras Paula Bolgeri y Mabel Kiese	220	10 delegations from Argentina, Colombia, Chile, Ecuador, Bolivia, Brazil, Peru, Paraguay, Venezuela and Uruguay	http://www.conmebol.com/es/educacion-la-mejor-herramienta-de-prevencion-antidopaje

Fotos de la actividad





c | PROTOCOL FOR CONDUCTING ANTI-DOPING CONTROLS IN THE CONTEXT OF THE COVID-19 PANDEMIC

This protocol is intended to determine operational strategies to be adopted by CONMEBOL in Anti-Doping Control procedures. It pursues the objective of caring for and preserving the health of the members of the football family (players, athlete support staff, as well as sample collection staff), minimizing the risks of contagion, while ensuring fair play in the game. soccer.

This protocol will be applied in controls both in competitions or out of competitions, as well as for urine and / or blood samples, where CONMEBOL will be the authority for collecting samples.

From the Medical Commission and Anti-Doping Unit, the protocol for conducting Anti-Doping Controls is made available, taking into account the characteristics of South American football, which must in each case comply with the

laws and sanitary regulations of each country. This protocol will be subject to adjustments according to recommendations issued on the transmission mechanisms or standards of the health authorities of each country, in addition to the suggestions issued by International Organizations related to health and sports.

The actions that were carried out through this protocol are:

- 1- Adjust the Anti-Doping Control Plan
- 2- Prepare and implement the Biosafety Protocol for Anti-Doping Controls
- 3- Disseminate and train everyone involved

This was made available to all Member Associations and is available for download at the CONMEBOL website (www.conmebol.com)





PART THREE SINGLE FINALS





-CONMEBOL-
SUDAMERICANA

a | SINGLE FINAL OF THE CONMEBOL SUDAMERICANA - CÓRDOBA 2020

On January 23, in the city of Córdoba, Argentina, the grand Single Final of the CONMEBOL Sudamericana was played with Lanus and Defensa y Justicia as finalists.

The Argentine authorities required the game to be played without an audience. They authorized, however, and in view of the magnitude of the event, the presence of a maximum of 2,500 people. This number includes the squads, referees, technicians, assistants and leaders of the finalist clubs. All the operational staff of CONMEBOL, the security personnel and those linked to the sanitary protocol, the employees of the Mario Alberto Kempes Stadium and all the officials and technicians related to television broadcasting, as well as authorized journalists and reporters were also included.

There are also people accredited by the tournament sponsors by virtue of contractual agreements with CONMEBOL, municipal, provincial or national authorities, CONMEBOL officials and a reduced number of guests from the finalist clubs (mostly player's and coaching staff's family members).

Given the magnitude of the event, CONMEBOL, through the Medical Commission, coordinated the Action Plan for compliance with the Sanitary Measures and the protection of all participants of the Single Final, with the collaboration and support of the Government of the Province of Córdoba through the Córdoba Sports Agency.

Said actions were carried out in compliance with CONMEBOL's Protocol of Medical Recommendations for Training, Travel and

Competitions and the Sanitary Regulations of the local authorities.

For this event, both squads, CONMEBOL employees, Government of the Province of Córdoba public servants, suppliers and all special guests must necessarily present the NEGATIVE RT-PCR (Polymerase Chain Reaction in real time) Naso and Buccal-Pharyngeal Swab for access to the Stadium. The Negative result was validated by CONMEBOL Medical Officials and uploaded to the COVID-19 Results Software of the Medical Commission.

In public places such as: airports, land terminals, hotels and common areas of the stadium, such as corridors, changing rooms, halls, signs were installed with information on the Health Recommendations to be followed:



Hand washing



Temperature control



Mandatory and permanent use of the mask



Distance of 2 meters between people



Stay in the assigned place or specific work area



Avoid physical contact



Avoid sharing materials for personal use

The Medical Commission, through the Staff and Medical Officers, were in constant communication with the team doctors, providing all the necessary information and watching over their needs.



1511 RT-PCR CONTROLLED in 5 days

For its part, the CONMEBOL Anti-Doping Unit, in compliance with the Regulations of the World Anti-Doping Agency (WADA) and the CONMEBOL Anti-Doping Regulations, carried out out-of-competition controls on the players of the finalist teams the CONMEBOL Sudamericana 2020 edition.

These controls were carried out with strict sanitary measures, adopted by CONMEBOL's Anti-Doping Medical Officials, always taking care of the health of all footballers and complying with the promotion of fair play within the framework of CONMEBOL's Clear Rules.

In total,

66 anti-doping
controls



b | SINGLE FINAL OF THE CONMEBOL LIBERTADORES - RIO 2020

The “final from another world” was played in the city of Rio de Janeiro - Brazil, on January 30, 2021 at the Maracanã Stadium between the Brazilians Palmeiras and Santos FC. This great celebration of South American football had a great operational deployment for its realization.

The CONMEBOL Medical Commission, guaranteed the Health Protocol as well as measures adopted for the prevention of COVID-19.

The same action plan was followed, containing the mandatory points that the squad and staff of both finalist clubs, CONMEBOL employees, employees of the Government of Rio de Janeiro, suppliers and other accredited individuals must present the NEGATIVE RT-PCR (Polymerase Chain Reaction in time real) Nasal and Buccal-Pharyngeal Swab for access to the stadium.

The approval of said results were evaluated at the Accreditation Center by CONMEBOL Medical Officials, Doctors and Technical Nurses of the country. More than 4,000 results were checked from Tuesday, January 26 to Saturday, January 30.

The Medical Commission was in charge of carrying out more than 700 RT-PCR tests for the Operational Staff on match day.

In addition, the entire stadium had sinks, alcohol gel and signs of the Health Recommendations to be followed.

The Anti-Doping Unit, for its part, executed out-of-competition controls on the squads of Palmeiras and Santos, finalists of CONMEBOL Libertadores 2020.

A total of 69 samples

were taken, in compliance with the World Anti-Doping Agency (WADA) Regulations and with the CONMEBOL Anti-Doping Regulations, guaranteeing justice and fair play in the final of the CONMEBOL Libertadores 2020.



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MEDICAL COMMISSION AND ANTI-DOPING UNIT 2020

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